Even the way you take the broth changes the taste so much!

When the pack is put in water and boiled

It has a strong flavor of kombu and shiitake mushrooms

and produces a rich broth.

When the pack is boiled in boiling water

The broth has the flavor of dried bonito plus the taste of shiitake mushrooms.

[Ingredients_serves 4]

1000ml soup stock (1 pack of "Mini Wadashi zanmai", 3L water)

- salt 3g
- · chives 30g
- Dried Vermicelli 15g
- sesame oil Adequate
- [Chicken ball]
- · miso 3g
- minced chicken 100g

- carrot 15g
- bean sprouts 80g
- pepper a little
- sesame Adequate
- Japanese leek 15g
- ginger and salt Adequate

[How to make]

1)Put 1 pack of "Mini Wadashi" in 3 liters of water, heat over medium heat, and when it boils, simmer for 10 minutes and remove.

- 2Finely chop the Japanese leek and peel and grate the ginger.
- 3Peel and cut carrots into thin strips, and cut chives into 3 cm lengths.
- 4) Put the chicken dumpling ingredients in a bowl and mix until the whole mixture is sticky.
- 5)Put the broth and salt from 1) in a pot and bring to a boil, then drop in 4 in dumplings with a spoon, etc.
- 6 When carrots are added and cooked, add chives, bean sprouts and vermicelli and bring to a boil.
- 7Add sesame seeds, sesame oil and pepper and turn off heat.



The gentle flavor enhances the deliciousness of the ingredients. That is why it is recommended for soup stock.



[Ingredients serves 4]

600ml soup stock (1 pack of "Mini Wadashi zanmai", 2.5L water)

- salt 3g white pepper Adequate milk 200ml butter 25g
- fresh cream 50ml carrot 300g onion 200g potato 100g
- parsley Adequate

[How to make]

- 1)Put one packet of "Mini Wadashi" in 2.5 liters of boiling water, boil over medium heat for 10 minutes, and remove.
- 2) Peel and thinly slice the onion and carrot. Peel potatoes and cut into small dice.
- 3 Heat butter in a pan and saute onlone until softened. then add potatoes and carrots.
- (4) Add the broth from (1), salt and white pepper to (3) and simmer over low heat for 20 minutes.
- (5)Mix (4) in a mixer to make it puree and strain.
- 6 Add milk and cream to 5 and chill.
- 7Place in a bowl and sprinkle with parsley.

How to make delicious dashi



Place 20g of each packet in 4L of boiling water. Boil over medium heat for about 10 minutes.

For miso soup

Place 20g of each packet in 3L of boiling water. Boil over medium heat for about 15 minutes.

For simmered dishes

Place 20g of each packet in 2L of boiling water. Boil over medium heat for about 10 minutes.

NUTRITION INFORMATION

Servings per package: 10

Serving size: 20g

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|---|--------------------------|---------------------------|
| | Quantity per serving | Quantity per 100g |
| | | |
| Energy | 249 kJ | 1244 kJ |
| Protein | 9.5 g | 47.3 g |
| Fat,total | 1.0 g | 4.9 g |
| -Saturated Carbohydrate,total -Sugars | 0.48 g 3.2 g 1.1 g | 2.41 g 15.9 g 5.4 g |
| Sodium | 1440 mg | 7200 mg |

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